

## RESISTANCE TO SEVERAL ANTIBIOTICS IN HAEMOPHILUS INFLUENZAE STRAINS

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### ABSTRACT

**Introduction:** *H. influenzae* is a bacterium that causes respiratory diseases principally in children. In this report, we determined the antibiotic susceptibilities of 200 *H. influenzae* strains isolated from children in Tunisia between 2010 and 2011.

**Materials and methods:** All strains were investigated by PCR to identify the resistance genes (*bla<sub>TEM-1</sub>*, *bla<sub>ROB-1</sub>*, and *ftsI*). Antibiotic susceptibility was controlled by disc diffusion. The antibiotics tested were ampicillin, amoxicillin-clavulanate, cefotaxime, kanamycin, gentamycin, rifampicin, pristinamycin, and nalidixic acid.

**Results:** Two hundred strains of *H. influenzae* were analyzed: 91 (were resistant to ampicillin (66 were beta-lactamase positive), 43 to kanamycin (39 were  $\beta$ -lactamase positive), 6 to gentamycin (all were  $\beta$ -lactamase positive), 23 to rifampicin (20 were  $\beta$ -lactamase positive) and 11 to pristinamycin (9 were  $\beta$ -lactamase positive). Strains demonstrating resistances to many antibiotics, according to their mechanism of resistance have been detected in this work: 24 strains were ampicillin- kanamycin resistant, 2 were ampicillin - gentamycin resistant, 5 were ampicillin - rifampicin resistant, 3 were ampicillin - pristinamycin resistant, 3 were kanamycin - pristinamycin resistant and 8 strains were kanamycin - rifampicin resistant. Cefotaxime and nalidixic acid were the most intense agents against our strains.

**Conclusion:** This work demonstrates an unexpected rise of resistances to several antibiotics in *H. influenzae* strains which show different mechanisms of resistance in children. Thus, the evaluation of new antibiotics for the treatment of multiply resistant *Haemophilus influenzae* diseases seems necessary.

**Keywords:** *H. influenzae*, antibiotic, resistance, PCR.

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### Introduction

*H. influenzae* is a human-specific pathogen that causes respiratory diseases in children. This bacterium is distinguished by colony morphology, gram staining, the growth on chocolate agar supplemented with polyvitex, and the requirement of X and V factors. *H. influenzae* has traditionally been characterized based on differences in the capsular polysaccharide (serotypes a to f).

*H. influenzae* can cause invasive and non-invasive diseases in children. Treatment of such diseases can be seriously influenced by antibiotic resistance. In *H. influenzae*, resistance to antibiotics, has, for various years, turn into a major issue<sup>(1)</sup>.

*H. influenzae* can obtain ampicillin resistance through two mechanisms. One is the production of beta-lactamase, TEM-1, and ROB-1 types, which hydrolyze ampicillin enzymatically. Another is a conformational change in the penicillin-binding proteins (PBP3), enzymes in charge of peptidoglycan combination, which cause a diminished affinity to ampicillin<sup>(2)</sup>. Strains that carry mutations in the *ftsI* gene affecting PBP3 were called beta-lactamase-negative ampicillin resistant *H. influenzae* strains. Wrong use of antibiotics may cause the spread of antibiotic resistant *H. influenzae* strains. This may have suggestions for the treatment of *H. influenzae* diseases in children. This report determines the antibiotic susceptibilities of 200 *H. influenzae* strains

( $\beta$ -lactamase positive ampicillin resistant strains,  $\beta$ -lactamase negative ampicillin resistant strains, and  $\beta$ -lactamase positive amoxicillin - clavulanic acid resistant strains) distinguished by PCR.

## Materials and methods

### Bacterial strains

Two hundred strains of *H. influenzae* were collected from children. All were isolated in the children's healing center of Tunis between August 2010 and December 2011. *H. influenzae* ATCC 49247 (Ampicillin-resistant,  $\beta$ -lactamase negative), *H. influenzae* C425 (*bla*<sub>TEM-1</sub> positive), *H. influenzae* C322 (*bla*<sub>ROB-1</sub> positive), and *H. influenzae* ATCC 10211 (Strain with capsular type b) were used as controls.

### Culture strategies

Chocolate agar supplemented with polyvitex (bioMérieux) is used for the growth of *Haemophilus influenzae*, when incubated at 35-37°C in a 5% CO<sub>2</sub> air for 24 hours. *H. influenzae* is small, pleomorphic, gram-negative bacilli, or coccobacilli, and requires X (Hemin) and V (NAD) factor for growth.

### Antimicrobial susceptibility testing

The antimicrobial resistance of all *H. influenzae* isolates was determined by disc diffusion with an inoculum of 0,5 Mc Farland on chocolate agar supplemented with polyvitex (bioMérieux)<sup>(3)</sup>. Impregnated paper disks, containing 2 $\mu$ g of amoxicillin (AMX), 20+10 $\mu$ g of amoxicillin + clavulanic acid (AMC), 30 $\mu$ g of cefotaxime (CTX), 30 UI of kanamycin (K), 15 $\mu$ g of gentamicin (GM), 30 $\mu$ g of rifampicin (RA), 30 $\mu$ g of nalidixic acid (NAL) and 15 $\mu$ g of pristinamycin (PT) were connected to the surface of the chocolate agar supplemented with polyvitex (bioMérieux). Plates were incubated for 24 to 48 h at 37°C in 5% CO<sub>2</sub>.

### Beta-lactamase production

$\beta$ -Lactamase production was determined by the chromogenic cephalosporin test with nitrocephin (Oxoid) as a substrate.

### PCR

PCR primers HI-I and HI-II (*bexA* gene) have been used to recognize capsulated *H. influenzae* isolates from non capsulated strains<sup>(4)</sup>. The *bexA* gene is in charge of transporting capsular material.

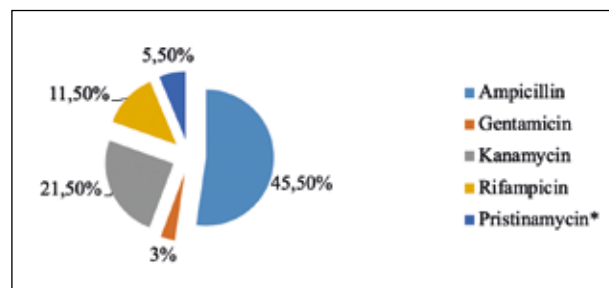
PCR amplification of the type b gene encoding the serotype b capsule is done for *bexA* (+) strain

and *bexA* (-) strain<sup>(4)</sup>. Primers sets TEM and ROB were used to recognize the presence of *bla*<sub>TEM</sub> and *bla*<sub>ROB</sub> in the strains giving a positive and negative cefinase test<sup>(5)</sup>. PCR amplification of the *ftsI* gene encoding the transpeptidase domain of PBP 3 was done with primers J1 and J2<sup>(2)</sup>.

Amplification with these primers was performed in a volume of 10 $\mu$ l containing 50 $\mu$ M primers (each), 10mM dNTP, 25mM MgCl<sub>2</sub>, 2 $\mu$ l of 10X Tampon, 0,5U of Taq DNA polymerase and 0,4 $\mu$ l of DNA. PCR cycling was determined as described by Dabernat et al.<sup>(6)</sup>.

## Results

The *bexA* gene was amplified to recognize capsulated *H. influenzae* isolates from non capsulated ones. Most of the isolates were non capsulated (75%), they gave a negative result with *bexA* primers. 43 were of type b, 1 of type a, and 6 of types d, e and f. No strain was distinguished as b-. Two hundred strains of *H. influenzae* were analyzed: 91 (were resistant to ampicillin (66 were beta-lactamase positive), 3 to amoxicillin-clavulanate (low-level), 43 to kanamycin, 6 to gentamicin, 23 to rifampicin and 11 to pristinamycin (low-level) (Figure 1).



**Figure 1:** Antibiotic resistance in *H. influenzae* strains. Pristinamycin\*: low-level resistance.

The *H. influenzae* strains were subdivided into 3 groups according to their mechanisms of resistance: strains which had transformations in the *ftsI* gene called  $\beta$ -lactamase negative, ampicillin-resistant, BLNAR, these strains were  $\beta$ -lactamase negative and negative for the *ftsI* gene); Strains producing  $\beta$ -lactamase TEM-1 type (*bla*<sub>TEM-1</sub> (+)) and had no *ftsI* changes called  $\beta$ -lactamase positive, ampicillin-resistant, BLPAR and strains producing  $\beta$ -lactamase (*bla*<sub>TEM-1</sub> (+)) and had transformations in the *ftsI* gene called  $\beta$ -lactamase positive, amoxicillin-clavulanate-resistant, BLPACR.

Table 1 demonstrates the prevalence of each antibiotic among the 200 strains according to their mechanisms of resistance.

Antibiotic	Genotype	% of resistance
Ampicillin	BLPAR	23,5
	BLNAR	12,5
	BLPACR	9,5
Kanamycin	BLPAR	18
	BLNAR	2
	BLPACR	1,5
Gentamycin	BLPAR	3
	BLNAR	0
	BLPACR	0
Rifampicin	BLPAR	10
	BLNAR	1,5
	BLPACR	0
Pristinamycin (low level resistance)	BLPAR	4,5
	BLNAR	1
	BLPACR	0

**Table 1:** Prevalence of each antibiotic among the 200 strains according to their mechanisms of resistance.

Strains demonstrating resistances to several antibiotics have been isolated for in this work: 24 strains (12%) were ampicillin-kanamycin resistant, 2 (1%) were ampicillin - gentamycin resistant, 5 (2.5%) were ampicillin - rifampicin resistant, 3 (1.5%) were ampicillin - pristinamycin resistant, 5 (2.5%) were kanamycin - pristinamycin resistant and 8 strains (4%) were kanamycin - rifampicin resistant. 2 strains (1%) were ampicillin-kanamycin-gentamycin resistant and 2 strains (1%) were ampicillin-kanamycin-rifampicin resistant. Table 2 demonstrates the multiple resistances to several antibiotics in strains according to their mechanisms of resistance.

Cefotaxime and nalidixic acid were the most powerful agents against our *H. influenzae* strains.

Resistance	Genotype	Number of strains
Ampicillin-Kanamycin	BLPAR	17
	BLNAR	4
	BLPACR	3
Ampicillin-gentamicin	BLPAR	2
	BLNAR	0
	BLPACR	0
Ampicillin-rifampicin	BLPAR	2
	BLNAR	3
	BLPACR	0
Ampicillin-pristinamycin	BLPAR	1
	BLNAR	2
	BLPACR	0
Kanamycin-pristinamycin	BLPAR	5
	BLNAR	0
	BLPACR	0
Kanamycin-rifampicin	BLPAR	7
	BLNAR	1
	BLPACR	0
Ampicillin-kanamycin-gentamycin	BLPAR	2
	BLNAR	0
	BLPACR	0
Ampicillin-kanamycin-rifampicin	BLPAR	1
	BLNAR	1
	BLPACR	0

**Table 2:** Multiple resistances to several antibiotics in strains according to their mechanisms of resistance.

## Discussion

In this report, 150 strains (75%) were non capsulated and no strain was recognized as b-. In Venezuela, among *H. influenzae* isolates, 62.9% were non-capsulated and 31.4% were capsulated<sup>(7)</sup>. In England, 184 isolates underwent serotyping with 79% identified as non-capsulated *Haemophilus influenzae* and 3% were serotype b (Hib)<sup>(8)</sup>.

Ampicillin resistance in *H. influenzae* strains is a difficult issue in our country. It's expanding persistently in our hospital: 42,7% in 2009<sup>(9)</sup> and 45,5% in this investigation. It varies from one country to another<sup>(1, 10, 11)</sup>. *H. influenzae* can acquire ampicillin resistance through two different mechanisms. The significant one is betalactamase production. In this report, 66 (33%) were  $\beta$ -lactamase positive. The distribution of this enzyme isn't the same out of my country<sup>(12)</sup>. Although most ampicillin-resistant *H. influenzae* strains could be appeared to produce beta-lactamase, 25 strains (12,5% of the isolates) were beta-lactamase negative in our study. Such strains are more frequent in Japan<sup>(13)</sup>.

Today, *H. influenzae* strains in Tunisian's children are characterized by one drug resistance as well as by many antibiotic resistances. We are the first to examine the various resistances to antibiotics in multiply resistant *H. influenzae* strains as indicated by the mechanisms of resistance in children in Tunisia. Strains demonstrating different resistances to several antibiotics have been detected in this work: Ampicillin-kanamycin (12%), kanamycin-rifampicin (4%), ampicillin-rifampicin (2,5%), kanamycin-pristinamycin (2,5%), ampicillin-pristinamycin (1,5%), ampicillin-gentamycin (1%), ampicillin-kanamycin-gentamycin (1%), and ampicillin-kanamycin-rifampicin (1%). The rise of multiply resistant *H. influenzae* strains is a difficult issue in this nation. The uncontrolled and the widespread use of antimicrobials in Tunisia over the years assumed a part in the rise of these multiply resistant strains. The most frequent mechanism of resistance in these strains is beta-lactamase production followed by the alteration of PBP3. No strain appears to have multiple resistances to antibiotics by the relationship of the two mechanisms of resistance, beta-lactamase production, and PBP modification in this paper.

This study shows that in our country, cefotaxime and nalidixic acid should be used in light of their best activity against *H. influenzae* producing or not beta-lactamase. This study agrees well with those of past investigations in this hospital<sup>(9)</sup>.

## Conclusion

This work demonstrates an unexpected rise of resistances to several antibiotics in *H. influenzae* strains which show different mechanisms of resistance in children. Thus, the evaluation of new antibiotics for the treatment of multiply resistant *Haemophilus influenzae* diseases seems necessary.

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